

Join us on



Healthy Treat 4 Healthy Kids



- Made daily with Fresh Skimmed Yogurt & Milk
- Fortified with Probiotics
- Fat Free, Low Sugar Content & Low in Calories
- No Artificial Sweeteners, Colors or Flavors

Reward Yourself to a Healthy Treat!

Our Locations in Abu Dhabi:

Marina Mall: Level 1(Snow Dome Area) • **Mushrif Mall:** Ground Floor (Opposite the National Bank of AD)
Al Wahda Mall: (Opposite Dome Cafe) • **Corniche:** (Family Beach & Singles Beach) • Soon in **Khalideya**

T: +971 2 681 7230 | F: +971 2 681 7231 | P.O. Box 108955 - Abu Dhabi, UAE

E-mail: info@yogoday.com | www.yogoday.com

For Events catering call: +971 50 111 7230



Original UAE Brand

Yogoday Frozen Yogurt

1 Made Daily with Fresh Skimmed Yogurt & Milk

- Excellent Source of Calcium and Protein
- Lower Cholesterol Level in the Body
- Help Preventing Osteoporosis
- Decrease Symptoms of Inflammatory Bowel Disease

2 Fat Free, Low Sugar Content & Low in Calories

3 Fortified with Probiotics

- Enhances the Immune System
- Help Improve Digestion
- Shorten the Duration of Illness
- Help Prevent Diarrhea in children Who are Taking Antibiotics

4 No Artificial Sweeteners, Colors or Flavors



Nutritional Information

Plain Tart Frozen Yogurt

	Energy	Proteins	Carbohydrates	Calcium	Fats
Per 70 gm	50.6 Kcal	1.7 g	10.3 g	111.65 mg	Free
%RDA	2.5 %	3.4 %	3.4%	11.2%	Free

Vanilla Frozen Yogurt

	Energy	Proteins	Carbohydrates	Calcium	Fats
Per 70 gm	50.9 Kcal	1.7 g	10.5 g	111.65 mg	Free
%RDA	2.5 %	3.4 %	3.5 %	11.2%	Free

RDA Based of	2000 kcal	50 g	300 g	1000 mg	65 g
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* RDA: Recommended Daily Allowance

Healthier yet Tastier!

With Yogoday Exclusive Selection of Imported Toppings and Fresh Premium Fruits..

Berries	Contain Powerful Antioxidant and Phytochemicals (fight off disease). Rich in Vitamins
Kiwis	Contain a high amount of Vitamin C (more than Oranges), as much Potassium as Bananas and a good amount of Beta-Carotene
Mangos	Rich in amino acids, vitamin C and E, calcium, iron, magnesium and potassium. Contains Glutamine acid which is good to boost memory and keep cells active.
Pine-apples	Rich in Vitamin C. Maintain good eye health. Fight a lot of diseases. Prevents plaque and keep teeth healthy. Cure constipation
Pome-granate	Rich in Vitamins and Minerals, particularly Vitamins C & E. known as a "super food" thanks to its high Antioxidant content. Sweet and safe for Diabetics. Important for strong teeth.
Nuts	Rich in Protein, Fiber, Phytonutrients and Antioxidants such as Vitamin E and Selenium. Nuts are also one of the best dietary sources of boron, which can help prevent osteoporosis.

Do you Know?

Children ages 1 to 3
needs 500mg of calcium or 3 servings of dairy daily

Children ages 4 to 8
needs 800 mg of calcium or 3 servings daily

Children ages 9 to 18
needs 1300 mg of calcium or 4 servings daily

These goals are achievable by consuming milk or yogurt each day.

FACTS about Yogurt:

- Yogurt is essential for bone development in children which prevent Osteoporosis later in life.
- Lactose in yogurt can be digested easily by all children while lactose in milk cannot.
- Yogurt is vital for children proper growth & development.
- Yogurt has great potential as a protective anti-infection agent.
- Yogurt has resistance power to immune related diseases in kids.
- Yogurt prevents acute childhood diarrhea.

